



1095 N. Allen Avenue, Pasadena, CA 91104 • 626.345.0050 • fax 626.345.0052

## **Instructions for your Silicone Prosthetic Foot**

### **Care**

- Clean as needed with gauze and rubbing alcohol or rubbing alcohol pads.
- Any small tearing in the silicone of your prosthesis should be addressed by Aesthetic Prosthetics as soon as possible.
- Do not peel at thin margins for removal.
- When removing prosthesis, pinch sidewall of piece to break suction.
- If you own animals, take care to store your prosthesis out of their reach.
- Do not wear your prosthesis when you sleep. Your skin needs time to air out.
- Products that can damage/shorten the life of your prosthesis:
  - Oils (i.e. lotions, creams, tanning products, makeup, moisturizing soaps, wood stain)
  - Dyes (i.e. hair dye, unwashed dark colored new clothing)
  - Solvents or harsh cleaners (i.e. chlorine, cinematic makeup removers)
- Do not use any other cleaners, glues or chemicals on your prosthesis without consulting Aesthetic Prosthetics as they may contain ingredients that are harmful to silicone. We are not liable for the potentially irreversible damage that may be caused by use of unapproved products.

### **Nail Painting**

- You may paint your nails but never use any added acrylics or gels.
- Before adding colored polish, paint a clear base coat polish on nail to prevent staining.
- Polish should only be removed using non-acetone polish remover. Standard acetone will damage the nail.
- If you are going to a salon, you may want to bring your own non-acetone polish remover.